

“Yes, I Can, Right Now!”

Without your mental commitment to thinking, “Yes, I can, right now,” the “No, I can’t” wins. Too often we believe more in what we can’t do than in what we can do. If you’re not aware of this normal but life-restricting tendency, you could rob yourself of the real value of your innate, learned, and earned strengths. You have them, so use them!

If unaware of this normal human tendency, you could:

- Spend more time and energy focusing on your personal or professional weaknesses (real or not) than you do on your strengths—not a good idea!
- Not communicate, showcase, or leverage a personal strength that would help you achieve what you want in your business or your personal life—oops, a missed opportunity!

Not using your goal-relevant strengths to help you do something new or different is like being a leaky bucket—what goes in goes right back out with little payback for your time and energy. Can’t you feel it? Not using the strengths you have to realize an important life dream or goal is a constant drip, drip, drop (big drip) of your energy.

So use your energy wisely. Leverage the personal strengths you have to achieve what you want now, not someday.

Most of us do tend to focus more on our lack rather than our abundance. That gets us nowhere in a hurry. It becomes a self-fulfilling prophecy of not being able to be-do-have what we desire in our lives.

So, focus on your potential for abundance. That is a self-fulfilling prophecy worth realizing!

With this focus and using your strengths to do what you already do best to achieve your next level of success, there’s no stopping you!

This I can promise, when you use goal-relevant strengths to help you be-do-have something different in your business or personal life, you will feel stronger and look better. Of course you will! You’re coming from a place of your own personal power and that’s most attractive.